

# LIFESPRING NEWS



## FEBRUARY 2019

### February 2019

<b>Mondays:</b>	Boys Brigade and Girls Association 6.00pm	Ollerton
	Music Practice 7.30pm	Ollerton
<b>Wednesdays:</b>	Parent and Toddler 9.15am (except Half Term)	Ollerton
<b>Thursdays:</b>	Prayer 9.30am	Warsop
<b>Fridays:</b>	Prayer 8.30am	Ollerton
	Abundant Life Group 9.30am	Ollerton
	Ignition 6.30pm	Ollerton

1. Youth and Children Leaders Meeting Tuesday 5 Feb at 6.00pm
2. Planning Meeting Tuesday 12 Feb at 6.30pm
3. Communication Class Tuesday 12 Feb at 7.30pm
4. Life Groups take place every week this month
5. No Children or Youth Clubs during Half Term but Make Lunch takes place at Ollerton and Warsop

### Baptisms



Karen Andrews gave a wonderful testimony of being set free from rejection when she came up out of the waters of Baptism. Baptism is far more than a purely symbolic ceremony. It is for all believers in the Lord Jesus Christ and it takes place after one has put their faith in Jesus. If you would like to be baptised, please speak to **Beverley Whitworth** and we will arrange your Baptism.

## Life Groups at Lifespring



At Lifespring, we believe strongly in attending small fellowship groups as well as Sunday Morning. Our small groups are called “Life Groups”. God never intended our relationships to be a “me, God, and my Bible”. The Bible teaches that we also need each other for many reasons. Loving God and loving our neighbour are central to a Christian lifestyle.



Society today is very “isolationist” and people like to stay indoors, especially in the cold winter evenings. The long, dark days can seem depressing to many people and depression is more common this time of year. Isolation results in loneliness and I am reliably told that loneliness kills more people than smoking 20 cigarettes a day.



In Northern countries, where the weather is colder and the snow is much deeper, a study has shown that they have a different mindset to winter. Norwegians have found a way to celebrate the beauty of the dark polar nights instead of dreading them. People really look forward to the winter. They go out and socialise and pursue activities in the snow - skiing, candles, tours to mountain huts, bonfires and northern lights. The weather or the darkness do not stop them and the benefits are great. A study by Kari Leibowitz found lower rates of wintertime depression in a northern Norwegian population than you might expect given the cold and the long dark winters.

Do we need to change our mindset? When the Church puts on activities, Life Groups, social events, quiz nights, concerts let’s get involved. It will do our emotional and spiritual life no end of good. These midweek groups are running at Lifespring:

- Evergreens - Nina Cecil Thursday 10.30am
- Newark - Keith and Sarah Prothero Wednesday 7.30pm
- Church Warsop - Liz Phillips Thursday 7.00pm
- Acts of Kindness - Beverley Whitworth Thursday 7.30pm
- Antioch Group - Mark and Lesley Dannatt Thursday 7.30pm
- Abundant Life - Jacqueline Depass Friday 9.30am

## Lifespring Facelift Update



We are making great progress with the “facelift” for the building. Awards for All Big Lottery Fund has awarded us just under £10,000 to renew our Public Address system. I thought I would bring you an update on all that has been happening and the remaining work that needs to be undertaken over the next month or so.

### Completed Work:

- Installation of two new radiators for Main Hall
- Repair automated doors
- Fixed Electrical testing
- Safety lighting put up around the building and front steps
- Hand dryers in toilets
- New freezer
- Fridge
- New Bain Marie
- New storage room erected in main hall
- Shed in car park
- CCTV
- Deep Fat Fryer
- Repaint the whole building

### To be completed:

- Repair Fire Alarm
- New flooring for part of cafe
- Install new Public Address system
- Install modular staging (take up permanent stage).

## Special Offering for our Youth Club

Our mission is to engage and develop diverse young people to positively impact the world. We do this through a group on Friday night called "Ignition" run by Derek Bradford and through a youth discipleship group run by Liz Phillips on Thursday evening.

The goals of these groups are:

- Having a safe space for youth
- Helping them engage with the Christian faith
- Enhancing leadership development among young people

Our aim is to do many different things to try and attain these goals. For example, this could involve bring young people together to discuss local issues facing them or issues to do with the group. We aim to enhance their engagement with the Christian Faith and encourage them to participate in local church. There is the possibility for them to develop their skills through Performing Arts and multi-media and music.

We aim to send a positive message to youth throughout the community and we invite you to help us by donating to a special offering that we will be taking up on the **24 February**.

## A Note About Storage and Posters

Now that we have repainted the building and put up more storage, please take note of the following. Please do not put posters on newly painted walls! Any items that are donated to the Centre or Church that need storage, must be cleared with Mike Phillips and a storage area agreed. Please do not bring items into the building(s) without speaking to Mike.

## Lifespring Contact Details

**Ollerton Address:** Lifespring Church, Sherwood Drive, New Ollerton, NG22 9PP

**Church Warsop Address:** Lifespring Church, Carter Lane, Church Warsop, NG20 0SP

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**Centre Web Page:** [www.lifespringcentre.net](http://www.lifespringcentre.net)

**Charity Commission Number:** 1087842